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**Dr. Huang Wei Ling**

Medical Acupuncture and Pain Management, Franca, São Paulo, Brazil

## Is it Possible to Treat Nosocomial Cellulitis Post Placement of Hemodialysis Catheter without the Use of Antibiotics?

**Introduction:** Nosocomial cellulitis is usually treated with broad-spectrum antibiotics, because they are normally caused by multi-resistant bacteria. Patients with chronic renal insufficiency usually have Blood deficiency and Heat retention according to Traditional Chinese Medicine (TCM). Purpose: To demonstrate that nosocomial cellulitis after placement of hemodialysis catheter can be treated without the use of any antibiotics.

**Methods:** One case report, 58-year-old female patient, submitted to hemodialysis for five years (kidney insufficiency). In 2019, her doctor indicated the removal of the hemodialysis catheter (supposed infection), and replaced it with a temporary catheter (superior right arm). On the same day, the patient felt pain, swelling, hyperemia (15x20cm) and localized heat on the skin surrounding the catheter, and the doctor removed it. The patient was already receiving acupuncture treatment and showed the lesion to the acupuncture doctor. She received Chinese dietary counselling (avoid frying, eggs, honey, chocolate, coconut, alcoholic beverages, cold water and dairy products), more auricular acupuncture sessions and apex ear bloodletting. The patient also received the homeopathy medication (Sulphur 6CH, five globules three times a day). Results: In one week, the lesion normalized, with disappearance of hyperemia, pain, swelling and heat on the skin where the catheter was.

**Conclusions:** It is possible to treat nosocomial-cellulitis post placement of hemodialysis catheter without the use of antibiotics, according to this case report. To achieve this result it is important to correct the energy imbalances presented by each patient, taking out Heat retention and correcting the diet according to the energy point of view.

**Keywords:** hemodialysis catheter, nosocomial cellulites, diet, acupuncture, apex ear bloodletting, traditional Chinese medicine.

### Biography:

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress (1998). Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through teachings of Traditional Chinese Medicine and Hippocrates.