

International E-Conference on

# NURSING AND HEALTH CARE

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## Educational Program for Pregnant women regarding obstetric dangerous Signs in Rural Area

**Background:** one of the major causes for the death of women is due to mortality, is an essential step in recognition of complications and enables women to take appropriate action to access emergency care. (World health organization (WHO)).

**Aim:** To evaluate the educational program for pregnant women about obstetric dangerous signs in rural area.

**Design** A quasi-experimental design with pre- and post- test was utilized.

**Setting:** the present study was conducted at antenatal clinics (M.C.H centers) affiliated to the available geographical health zones in EL-fayoum rural area including: El-shakh hassan at sanorse.

**Sample :** Convenience sample were used to collect 70 women from a population of through 372 women in six-month in antenatal clinics were recruited from the previously mentioned settings

**Tools:** Two tools were used to collect the data. First: to assess the women characteristics self-administered interview questionnaire. Second: A structured reported knowledge and practices checklist to evaluate pregnant women practices and knowledge.

**Results:** 63% of the women in the studied reported that they didn't receive any instructions about obstetric danger signs, there was an improvement the pregnant women knowledge and practices after educational program in all aspects also. Revealed that the most frequently recognized danger signs that may occur during pregnancy were miscarriage and vaginal bleeding, intrauterine fetal death most common danger signs reported by women.

**Conclusion:** the educational program had an efficient improving women knowledge and practice regarding danger signs for pregnant women in rural areas, with highly statically significant differences in all the tested items between pre/post program implementation ( $P < 0.001$ ). the study

**Recommended** to establishment of in -service training programs and continuous supervision in rural areas to a raise women knowledge and practice regarding educational pregnant women and developing antenatal classes for all pregnant women about obstetric danger signs The community organizations mobilized to disseminate correct and relevant information about danger signs of obstetric complications to women, families and communities.

**Keywords:** Obstetric danger signs, Knowledge, practice, obstetric complications.

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## Biography:

I am an assistant professor community health nursing Fayoum university, Egypt