



**INTERNATIONAL CONFERENCE ON
PSYCHOLOGY AND NEUROSCIENCE**

MARCH 15-16, 2023 | (Hotel Crowne Plaza Dubai - Deira)



Javier Mauricio Suárez Hernández

"FOMS" Mental and sports training center. , San Juan de Pasto, Colombia.

"FOMS" Creation of a cognitive stimulation center based on physical activity and sports in Colombia.

Objectives:

Parents in India have limited access to evidence-based intervention and assessment services due to the limited availability of certified therapeutic professionals in non-urban and rural centers. Additionally, studies have indicated that psychoeducation is a critical aspect of disability services and not widely available in a country like India. The objective of the current study was to examine the pros and cons of using the innovative telehealth platform to overcome geographical barriers to make services accessible to all families affected by autism.

Method:

Data was collected from affected families across the country who called the psychologists either via phone or zoom. Data was recorded on pre-filled questionnaires containing up to 30 questions to guide the interview and collect relevant information.

Results:

The outcomes of the telehealth study was grouped into 3 themes comprising of 2 benefits and 1 limitation of the methodology.

Conclusion:

In a country like India, telehealth bridges the gap between the availability of evidence based psychological services and the need for the same across families.

Keywords: Cognitive stimulation, innovation, new technologies, physical activity, sports.

Biography:

Javier Mauricio Suárez Hernández have worked in the area of Sports Psychology for more than 15years, He worked as a researcher, university professor, consultant for government entities and founder of the first mental and sports training center in the region, national and international speaker on topics of neurotraining and sport. Extensive experience in the use of Biofeedback and Neurofeedback instruments in sports contexts.