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## Olive Oil and Figs as Efficient Natural Treatment During COVID-19 for Different Inflammatory Diseases

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Herbal medicinal products (HMP) and Traditional HMP contain herbal drugs (HD) or herbal preparations (HP) as effective pharmaceutical agents. The quality of HMP has approved its vital role in treating rather than other products. Natural compounds have been playing pivotal roles in motivating human health because of their several bioactivities, such as potent antioxidant and anti-inflammatory characters that could eliminate the risk of diabetes, cardiovascular, and cancer diseases. A randomized controlled clinical trial was designed. A mixture of Olive oil with figs fruit is a main important food component in Mediterranean dishes, which are linked to inferior risk of cardiovascular, diabetes, hypertension, and cancer diseases in addition to antiviral effect. 70 patients who had been infected with covid-19 and other chronic diseases depended on a mixture of olive oil with figs as a main dish for 7 days in comparison to coronavirus patients had never been given the same mixture during their disease's meantime. After a determined period, covid-19 cases who relied on a mixture as a main diet, repeated their investigation parameters and improvement had been noted in contrast with other cases. This plan study has been repeated many times and has approved the efficient role of olive oil with figs. In conclusion, in order to have effective results of treatment viral diseases, a mixture of olives oil with figs fruits should be recommended as a main diet during treating the patients who are infected with covid-19 and other chronic diseases. Most importantly, a mixture of olives oil with figs can be used as a protective agent against Geriatrics diseases such as diabetic, heart diseases and rheumatoid disease.

**Keywords:** Pharmaceutical Agents, Herbal Medicinal Products, Covid-19, Human Health, Investigation Parameters

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